

NON-INVASIVE PRENATAL TESTING (NIPT) FOR TRICARE BENEFICIARIES

International SOS would like to inform TOP Network Providers of recent **important changes to the non-invasive prenatal testing (NIPT)** processes.

Effective immediately, the Defense Health Agency (DHA) has confirmed that TRICARE will authorize NIPT prenatal screening tests in overseas locations where this is a local standard, despite the pregnancy-related risk.



WHAT DOES THIS MEAN FOR PROVIDERS IN GERMANY?

NIPT is covered for TRICARE beneficiaries overseas, as according to German pregnancy care regulations, NIPT is part of the routine pathway of care.

ADDITIONAL NIPT COVERAGE DETAILS

- A discussion between the treating obstetrician and the pregnant beneficiary should take place
- Testing is covered for high-risk and non-high-risk pregnancies
- Testing is **only** covered for Trisomy 13, 18, and 21
- Fetal sex determination is not covered
- No preapproval form for genetic testing is required
- Testing has to take place at a Clinical Laboratory Improvement Amendments (CLIA)-certified or CLIA-equivalent lab
 - At this time in Germany, there are only **two laboratories** performing NIPT that meet CLIA criteria. The laboratories that can be used are [Bioscientia Institut für Medizinische Diagnostik GmbH](#) in Ingelheim or [Cenata GmbH](#) in Tübingen.
 - International SOS will update you accordingly with any additional CLIA-approved laboratories that can perform NIPT tests.

AN AUTHORIZATION FOR GENETIC TESTING IS STILL REQUIRED AND WILL BE ISSUED BY INTERNATIONAL SOS

TRICARE Prime Overseas beneficiaries require a referral from their Military Treatment Facility (MTF). TRICARE Prime Remote Overseas beneficiaries require either a medical report or a referral from their treating obstetrician recommending the testing be completed.



If you have any questions, please contact your **TOP Regional Call Center**.