



Effective **June 2, 2022**, a cultural exemption for Germany was granted to allow International SOS to reimburse claims for midwifery services when the following requirements are met:

1. The midwife is qualified to degree level for practice in Germany, and evidence of the qualification is provided to meet the requirement to support the midwifery care reimbursement;
2. When the patient's pregnancy diagnosis has been formally confirmed by an Obstetrician prior to Referral to a midwife;
3. When the midwifery care is provided under the supervision of a Obstetrician throughout the pregnancy episode of care. Reference to the supervising Obstetrician, i.e., name or Authorization Number (preferred), should be included on the invoice submitted for payment;
4. The midwifery care is provided during an authorized episode of care in the prenatal, labor, delivery, and postnatal care setting, and;
5. A home birth is not a covered benefit unless the care provided occurs due to unplanned or medical emergency situations.

### PREGNANCY TEST POSITIVE



Initial review with your Primary Care Manager (PCM) at the Military Treatment Facility (MTF).

The MTF submits a Referral for you to receive an Authorization for Obstetric care to confirm pregnancy.

An Authorization is issued by International SOS to an Obstetric provider in your location.

### CONFIRMATION OF PREGNANCY



**Prenatal Care**

Pregnancy is confirmed and prenatal care is coordinated and supervised by the Obstetrician for the entire period of pregnancy. The Authorization is issued for a period of 365 days.

Midwifery care is recommended for your prenatal treatment plan by the Obstetrician, and a referral to a midwife is provided by the Obstetrician.

Midwives in Germany are not part of the TOP Provider Network; no separate Authorization is required as the midwife care is authorized within the Obstetrician Authorization provided.

**Note:** If you require assistance searching for an appropriate midwife, please contact your MTF.

### CONTRACTIONS AND DELIVERY



**Inpatient Stay**

The MTF PCM submits a Referral for labor and delivery care with an inpatient facility.

The Authorization is issued to the health care facility and a copy will be received and visible in the MyCare Overseas™ App.

Midwifery care received during the inpatient stay is covered if the above criteria (bullets 1-5) is met. No separate Authorization for midwife care is required.

**PLEASE CONTACT THE TOP REGIONAL CALL CENTER TO INFORM US OF YOUR ADMISSION!**

**Note:** International SOS' Near Patient Program (NPP) Team will support you throughout your inpatient stay and planning for discharge.

### HOME WITH BABY



**Postnatal Care**

Postnatal care appointments are included in the outpatient appointment Authorizations received during the prenatal period. If the Obstetrician recommends continued midwifery care during the postnatal period, a Referral (if not previously received) is required.

Written Referral should be requested from the Obstetrician for any midwifery care that is recommended throughout all care for pregnancy and postnatal care appointments.

## FREQUENTLY ASKED QUESTIONS

1

**I am a TRICARE Prime Overseas enrolled beneficiary and although I have received two postnatal visits, the midwife and Obstetrician recommend that I receive more due to further postpartum recovery and healing. Will these extra visits be covered and how do I arrange for the care to be authorized or paid?**

The additional visits are a covered benefit when medically recommended. For extra visits for postnatal care please contact your PCM at the MTF to receive a Referral for continued care with the Obstetrician. If the postnatal care plan includes midwifery visits this will be determined by the Obstetrician.

If out-of-pocket payment for the midwife care is requested please see Question #3 below for reimbursement processes and documentation requirements.

2

**I am admitted to a network provider but the midwife who attended to me in the labor and delivery room mentioned that they will bill me for the services provided. Is this correct?**

Not all midwives in Germany are aware of the TRICARE Overseas billing arrangements. Please share this flyer with them to provide the reassurance that since you are admitted to a network provider, they will be reimbursed for their midwife care.

3

**I had to pay out-of-pocket expenses for outpatient midwifery care appointments. What do I need to include as part of my claim submission to the TOP Claims Processor in order for TRICARE to reimburse me?**

International SOS advises providers that cashless / claimless services are preferred, but since midwives are not a part of the TOP Provider Network, you may be asked to pay out-of-pocket for your midwife care.

If outpatient midwife appointments result in out-of-pocket expenses, the following documentation must be included with the completed DD2642 Form to support successful claim reimbursement:

1. A copy of the Referral(s) from the Obstetrician to the midwife who provided the care
2. The midwife's invoice (must include the below details or the claim could be rejected):
  - The supervising Obstetrician's name
  - The Authorization Number provided for Obstetric care
3. Copy of the midwife's credentials (qualifications), if not already provided

For more information on how to submit a claim online, please visit <https://www.tricare-overseas.com/beneficiaries/claims/how-to-file-a-tricare-overseas-claim>.